





# MILLVILLE PUBLIC SCHOOLS SENIOR HIGH, LUNCH MENU September 2016



A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and a choice of milk. Milk choices include

include

School lunches offer students the opportunity to create a meal from a variety of food groups.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b><u>REMINDER</u></b> Please turn in your completed lunch application as soon as possible	Millville Public Schools now offers <i>Myschoolbucks.com</i> an online payment and cafeteria information source			<b>Fresh Fruit Available Daily</b> 
<b>LABOR DAY SCHOOL CLOSED</b>	<b>SCHOOL CLOSED</b>	(7) Hamburger or Cheese Burger On a Bun or Chicken Nuggets Lettuce and Tomato Oven Baked Fries Broccoli Chilled Fruit	(8) Chicken Dipper Day Chicken Tenders or Spicy Tenders With WG Roll & Dipping Sauce Or Buffalo Wraps BBQ & Plain/Hot/Sauce & Spicy Sweet Carrots & Oven Baked Fries	(9) Pizzeria Style Pizza or Chicken Patty on a Bun Seasoned Spinach Three Bean Salad Oven Baked Fries
(12) Cheese Steak Bar Sauteed Onions Peppers/Mushrooms Sweet Peas Lettuce/Tomato Oven Baked Fries	(13) Chicken Parmesan on a Bun Tossed Romaine Salad Seasoned Green Beans Chilled Fruit	(14) Nacho Bar Lettuce/Tomato/Cheese Sour Cream/Salsa Whole Grain Rice Corn & Chilled Fruit	(15) Toasted Cheese Sandwich or Chicken Tenders w/ Dipping Sauce Tomato Soup Seasoned Spinach	(16) Pizzeria Style Pizza or Chicken Patty on a Bun Seasoned Carrots Oven Baked Fries Garbanzo Beans
(19) Burger Bar Or Hot Dog Bar Sauteed Onions Lettuce and Tomato Oven Baked Fries Savory Baked Beans	(20) “Brunch Lunch” French Toast Sticks or Scrambled Eggs Sausage Patty 100% Fruit Juice Chilled Fruit	(21) Chicken Bowl” Popcorn Chicken Over Mashed Potatoes/Gravy/ Cheddar Cheese and Corn 100% Fruit Juice Cup	(22) Cheese Steak Bar Sauteed Onions Peppers/Mushrooms Sweet Carrots Lettuce/Tomato Oven Baked Fries	(23) Pizzeria Style Pizza French Fries Tossed Romaine Salad Sweet Peas Oven Baked Fries
(26) Toasted Cheese Sandwich or Popcorn Chicken w/ Dipping Sauce Tomato Soup Seasoned Carrots	0 (27) Chicken Fajitas Peppers, Onions, Salsa, Cheddar Cheese/Sour Cream Whole Grain Rice Corn	(28) Meatball Hoagie or Chicken Strips w/ WG Roll Seasoned Green Beans Oven Baked Fries Chilled Fruit	(29) Salad Bar Lunch Baby Spinach and Romaine Lettuce Seasoned Chicken or Breaded Chicken Choose Your Vegetable Toppings Chilled Fruit	(30) Pizzeria Style Pizza or Chicken Patty on a Bun Seasoned Spinach Three Bean Salad Oven Baked Fries

ALTERNATE ENTRÉE: CHICKEN TENDERS, ASSORTED SALADS, SUBS, PEANUT BUTTER & JELLY SANDWICHES  
 TURKEY PEPPERONI OR TURKEY HAM AND CHEESE ON A WG PRETZEL BUN, PIZZA, CHICKEN PATTIES on a WG BUN, BUFFALO CHICKEN WRAPS.  
 LUNCH PRICE \$3.00, \$.40 Reduced\*, Free\*(If Qualified) ---USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.